

# Belton ISD

## Base Menu Spreadsheet

### Portion Values - Detailed

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Mar 1, 2024 thru Mar 31, 2024

B-Town Bistro / Pizza

Generated on: 2/28/2024 3:02:45 PM

	Portion Size	Cals (kcal)	Carb (g)
Fri - 03/01/2024			
B-Town Bistro / Pizza	Total		
Pizza, Deep Dish Tonys Cheese	1 each	340	39.0
Pizza, Deep Dish Tonys Pepperoni	1 each	340	39.0
ALFREDO CHICKEN OVER PASTA*	1/2 CUP	1485	34.32
Salad, Green (Side)	1 cup srvg	37	7.72
Ranch, Cup Light 1 oz.	1 Each	70	1.0
Dressing, Italian, 1oz	1 oz.	113	1.89
SIDEKICKS, BLUERASP-LEMON	1 EACH	88	21.61
PEACHES,Canned Slices	1/2 cup	55	14.49
ORANGE: WHOLE	1 EACH	86	21.62
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
Weighted Daily Average		2888	223.78
% of Calories			31.0%
Nutrient Guideline		750-850	

Mon - 03/04/2024			
B-Town Bistro / Pizza	Total		
Calzone, Sausage and Pepperoni	1 Each	265	36.0
Pizza, Big Daddy- Pepperoni	slice 1/8	370	35.01
Pizza, Big Daddy- Cheese	1/8 Slices	380	36.96
PIZZA, BIG DADDY 4-MEAT	1/8 SLICE	370	36.0
BEANS, BAKED scratch, Canned	1/2 cup	175	35.49
Carrots, Baby*	1 Each	35	8.0
Ranch, Cup Light 1 oz.	1 Each	70	1.0
PEARS :cnd 1/2cup	1/2 CUP	60	16.08
APPLE: Whole	1 CUP	29	8.0
ORANGE: WHOLE	1 EACH	86	21.62
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
Weighted Daily Average		2084	269.31
% of Calories			51.7%
Nutrient Guideline		750-850	

Tue - 03/05/2024			
B-Town Bistro / Pizza	Total		
PIZZA, FRENCH BREAD GARLIC CH	1 PORTION	371	31.01
PIZZA, FRENCH BREAD GARLIC PEP	1 PORTION	406	31.01
Cheese Stick, Mozz. WG*	SERV (2 Sticks)	351	41.08
Marinara Cup: 1oz	SERV (1oz)	15	3.0
CORN: Frozen, Seasoned	1/2 cup	73	17.4
Ranch, Cup Light 1 oz.	1 Each	70	1.0
Salad, Green (Side)	1 cup srvg	37	7.72
Strawberries,Frozen,1/2 Cup IW	1 Each	80	21.0
Oranges Mandarin, Canned	1/2 Cup	80	18.96
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13

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Mar 1, 2024 thru Mar 31, 2024

B-Town Bistro / Pizza

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	Portion Size	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories		1756	215.31 49.1%
Nutrient Guideline		750-850	

Wed - 03/06/2024			
B-Town Bistro / Pizza	Total		
Pizza, Deep Dish Tonys Cheese	1 each	340	39.0
Pizza, Deep Dish Tonys Pepperoni	1 each	340	39.0
Pizza Pasta	1 Cup	361	42.3
BREAD STICKS: WITH GARLIC H.S	2 EACH	220	34.0
CUCUMBER SLICES w/ LIME*	1/2 CUP	16	5.23
GREEN BEANS: Canned, Seasoned	1/2 CUP	21	4.27
APPLESAUCE, 1/2C Super Sour*	1/2 cup	60	17.0
CRANBERRIES, DRIED, IW	1/2 CUP	110	28.0
ORANGE: WHOLE	1 EACH	86	21.62
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
Weighted Daily Average % of Calories		1826	273.54 59.9%
Nutrient Guideline		750-850	

Thu - 03/07/2024			
B-Town Bistro / Pizza	Total		
Pizza, Big Daddy- Cheese	1/8 Slices	380	36.96
Pizza, Big Daddy- Pepperoni	1/8	370	35.01
PIZZA, BIG DADDY 4-MEAT	1/8 SLICE	370	36.0
MEATBALL SUB with Cheese,HS	1 EACH	373	45.67
BROCCOLI:1/2c- Frozen*	1/2 cup	21	2.78
Sauce, Cheese	1/4 Cup	87	3.34
Carrots, Baby*	1 Each	35	8.0
Ranch, Cup Light 1 oz. PPI*	1 Each	70	1.0
PEACHES :Can Slices (1/2 cup)	1/2 CUP	60	14.0
ORANGE: WHOLE	1 EACH	86	21.62
APPLE: Whole	1 CUP	29	8.0
APPLESAUCE, 1/2 cup, Strawberry	1/2 cup	60	17.06
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
Weighted Daily Average % of Calories		2184	264.58 48.5%
Nutrient Guideline		750-850	

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### Portion Values - Detailed

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Mar 1, 2024 thru Mar 31, 2024

B-Town Bistro / Pizza

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	Portion Size	Cals (kcal)	Carb (g)
Fri - 03/08/2024			
B-Town Bistro / Pizza	Total		
Pizza, Deep Dish Tonys Cheese	1 each	340	39.0
Pizza, Deep Dish Tonys Pepperoni	1 each	340	39.0
ALFREDO CHICKEN OVER PASTA*	1/2 CUP	1485	34.32
Salad, Green (Side)	1 cup srvg	37	7.72
Ranch, Cup Light 1 oz.	1 Each	70	1.0
Dressing, Italian, 1oz	1 oz.	113	1.89
SIDEKICKS, BLUERASP-LEMON	1 EACH	88	21.61
SIDEKICKS, SOURCHERRY-LEMON	1 EACH	90	23.0
Peaches, Frozen, Cup 1/2 cup	1 Each	90	21.0
ORANGE: WHOLE	1 EACH	86	21.62
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
Weighted Daily Average		2984	245.29
% of Calories			32.9%
Nutrient Guideline		750-850	

Mon - 03/18/2024			
B-Town Bistro / Pizza	Total		
Pizza, Big Daddy- Buff Chicken	1/8	389	34.92
PIZZA, BIG DADDY PRIMO 4-CH	1/8 SLICE	360	35.0
Pizza, Big Daddy- Pepperoni	slice 1/8	370	35.01
PASTA, SPAGHETTI WG	1 CUP SERVING	688	104.13
GREEN BEANS, Frozen, Seasoned	1/2 CUP	24	5.34
Carrots, Baby*	1 Each	35	8.0
Ranch, Cup Light 1 oz.	1 Each	70	1.0
APPLESAUCE	1/2 cup	63	14.61
ORANGE: WHOLE	1 EACH	86	21.62
PEARS :cnd 1/2cup	1/2 CUP	60	16.08
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
Weighted Daily Average		714	86.01
% of Calories			48.2%
Nutrient Guideline		750-850	

Tue - 03/19/2024			
B-Town Bistro / Pizza	Total		
PIZZA, FRENCH BREAD GARLIC CH	1 PORTION	371	31.01
PIZZA, FRENCH BREAD GARLIC PEP	1 PORTION	406	31.01
Cheese Stick, Mozz. WG*	SERV (2 Sticks)	351	41.08
Marinara Cup: 1oz	SERV (1oz)	15	3.0
CORN: Frozen, Seasoned	1/2 cup	73	17.4
CUCUMBER SLICES w/ LIME*	1/2 CUP	16	5.23
ORANGE: WHOLE	1 EACH	86	21.62
PINEAPPLE :Canned Tidbits	1/2 CUP	35	8.5
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
Weighted Daily Average		675	110.46
% of Calories			65.5%
Nutrient Guideline		750-850	

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## Base Menu Spreadsheet

### Portion Values - Detailed

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Mar 1, 2024 thru Mar 31, 2024

B-Town Bistro / Pizza

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	Portion Size	Cals (kcal)	Carb (g)
Wed - 03/20/2024			
B-Town Bistro / Pizza	Total		
Pizza, Deep Dish Tonys Cheese	1 each	340	39.0
Pizza, Deep Dish Tonys Pepperoni	1 each	340	39.0
Pizza Pasta	1 Cup	361	42.3
BREAD STICKS: WITH GARLIC H.S	2 EACH	220	34.0
POTATO, SEASONED CRINKLE CUT	3 OZ EACH	130	22.0
GREEN BEANS: Canned, Seasoned	1/2 CUP	21	4.27
ORANGE: WHOLE	1 EACH	86	21.62
TROPICAL FRUIT	1/2 cup serve	87	20.4
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
Weighted Daily Average		711	107.80
% of Calories			60.6%
Nutrient Guideline		750-850	

Thu - 03/21/2024			
B-Town Bistro / Pizza	Total		
Pizza, Big Daddy- Cheese	1/8 Slices	380	36.96
Pizza, Big Daddy- Pepperoni	1/8	370	35.01
PIZZA, BIG DADDY 4-MEAT	1/8 SLICE	370	36.0
MEATBALL SUB with Cheese,HS	1 EACH	373	45.67
BROCCOLI:1/2c- Frozen*	1/2 cup	21	2.78
Sauce, Cheese	1/4 Cup	87	3.34
Carrots, Baby*	1 Each	35	8.0
Ranch, Cup Light 1 oz. PPI*	1 Each	70	1.0
Strawberries,Frozen,1/2 Cup IW	1 Each	80	21.0
APPLE: Whole	1 CUP	29	8.0
APPLESAUCE, 1/2 cup,Blue Rasp*	1/2 cup	70	17.06
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
Weighted Daily Average		783	86.09
% of Calories			44.0%
Nutrient Guideline		750-850	

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Mar 1, 2024 thru Mar 31, 2024

B-Town Bistro / Pizza

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	Portion Size	Cals (kcal)	Carb (g)
Fri - 03/22/2024			
B-Town Bistro / Pizza	Total		
Pizza, Deep Dish Tonys Cheese	1 each	340	39.0
Pizza, Deep Dish Tonys Pepperoni	1 each	340	39.0
Lasagna, Roll Ups	1 Each	317	39.99
CUCUMBER SLICES*	1/2 CUP	8	1.89
PEARS :cnd 1/2cup	1/2 CUP	60	16.08
Salad, Green (Side)	1 cup srvg	37	7.72
Ranch, Cup Light 1 oz.	1 Each	70	1.0
Dressing, Italian, 1oz	1 oz.	113	1.89
SIDEKICKS, BLUERASP-LEMON	1 EACH	88	21.61
SIDEKICKS, SOURCHERRY-LEMON	1 EACH	90	23.0
SIDEKICKS, STRAWBERRY-MANGO	1 each	90	23.0
ORANGE: WHOLE	1 EACH	86	21.62
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
Weighted Daily Average		8	1.08
% of Calories			57.5%
Nutrient Guideline		750-850	

Mon - 03/25/2024			
B-Town Bistro / Pizza	Total		
Pizza, Big Daddy- Buff Chicken	1/8	389	34.92
PIZZA, BIG DADDY PRIMO 4-CH	1/8 SLICE	360	35.0
Pizza, Big Daddy- Pepperoni	slice 1/8	370	35.01
PASTA, SPAGHETTI WG	1 CUP SERVING	688	104.13
GREEN BEANS: Canned, Seasoned	1/2 CUP	21	4.27
Carrots, Baby*	1 Each	35	8.0
Ranch, Cup Light 1 oz.	1 Each	70	1.0
APPLESAUCE, 1/2 cup,Watermleon	1/2 cup	90	22.0
ORANGE: WHOLE	1 EACH	86	21.62
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
Weighted Daily Average		596	61.27
% of Calories			41.1%
Nutrient Guideline		750-850	

Tue - 03/26/2024			
B-Town Bistro / Pizza	Total		
PIZZA, FRENCH BREAD GARLIC CH	I PORTION	371	31.01
PIZZA, FRENCH BREAD GARLIC PEP	I PORTION	406	31.01
Cheese Stick, Mozz. WG*	SERV (2 Sticks)	351	41.08
Marinara Cup: 1oz	SERV (1oz)	15	3.0
CORN: Frozen, Seasoned	1/2 cup	73	17.4
CUCUMBER SLICES w/ LIME*	1/2 CUP	16	5.23
Strawberries,Frozen,1/2 Cup IW	1 Each	80	21.0
PINEAPPLE :Canned Tidbits	1/2 CUP	35	8.5
APPLE: Whole	1 CUP	29	8.0
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13

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## Base Menu Spreadsheet

### Portion Values - Detailed

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Mar 1, 2024 thru Mar 31, 2024

B-Town Bistro / Pizza

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	Portion Size	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories		668	109.84 65.7%
Nutrient Guideline		750-850	

Wed - 03/27/2024			
B-Town Bistro / Pizza	Total		
Pizza, Deep Dish Tonys Cheese	1 each	340	39.0
Pizza, Deep Dish Tonys Pepperoni	1 each	340	39.0
Pizza Pasta	1 Cup	361	42.3
BREAD STICKS: WITH GARLIC H.S	2 EACH	220	34.0
POTATO, SEASONED CRINKLE CUT	3 OZ EACH	130	22.0
GREEN BEANS: Canned, Seasoned	1/2 CUP	21	4.27
PEARS :cnd 1/2cup	1/2 CUP	60	16.08
ORANGE: WHOLE	1 EACH	86	21.62
Oranges Mandarin, Canned	1/2 Cup	80	18.96
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
Weighted Daily Average % of Calories		703	106.36 60.5%
Nutrient Guideline		750-850	

Thu - 03/28/2024			
B-Town Bistro / Pizza	Total		
Pizza, Big Daddy- Cheese	1/8 Slices	380	36.96
Pizza, Big Daddy- Pepperoni	1/8	370	35.01
PIZZA, BIG DADDY 4-MEAT	1/8 SLICE	370	36.0
MEATBALL SUB with Cheese,HS	1 EACH	373	45.67
BROCCOLI:1/2c- Frozen*	1/2 cup	21	2.78
Sauce, Cheese	1/4 Cup	87	3.34
Carrots, Baby*	1 Each	35	8.0
Ranch, Cup Light 1 oz. PPI*	1 Each	70	1.0
Strawberries,Frozen,1/2 Cup IW	1 Each	80	21.0
ORANGE: WHOLE	1 EACH	86	21.62
Mango, Frozen Chunks	1/2 cup	73	16.99
MILK, 1% WHITE, OAK FARMS	CARTON	110	13.0
MILK, CHOC. FAT FREE, OAK FARM	CARTON	133	22.13
Weighted Daily Average % of Calories		783	86.09 44.0%
Nutrient Guideline		750-850	

Weighted Average		1291	149.79 46.4%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	1291		750 - 850	152%			441	Correction Required -
Carbohydrate (g)	149.79	46.42%						Calories too High

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